

## February Activities

			Thursday 1st	Friday 2nd
			Countdown/Word	AM Knitting
			Search  De RTICALL Seek  NO GAFTL SAS Free  A CLILATOR Readom  N D D N D C Seeth  D R K N O D D N G Sectored  D E F N CLILATOR  A L R R R N C R M Wispedia  K D D D D D D D D C Hortonial  A L R R R N C R M Wispedia  K D D D D D D C Hortonial  R E L W S L E U N M Wispedia  R E L W S L E U N M Wispedia  R E L W S L E U N M Wispedia	Bingo
Mon 5 <sup>th</sup>	Tues 6 <sup>th</sup>	Wed 7 <sup>th</sup>	Thurs 8 <sup>th</sup>	Friday 9 <sup>th</sup>
Strength &	Quiz of the		Darts and	AM Knitting
Balance Exercise	Month		Dominoes	(222)
		SORRY, WE'RE CLOSED		BINGO
Mon 12 <sup>th</sup>	Tuesday 13 <sup>th</sup>	Wed 14 <sup>th</sup>	Thursday 15 <sup>th</sup>	Friday 16 <sup>th</sup>
Around the	Strength &		Members	A.M. Knitting
World	Balance Exercise	SORRY, WE'RE CLOSED	Meeting	Bingo
Mon 19 <sup>th</sup>	Tues 20 <sup>th</sup>	Wed 21st	Thurs 22 <sup>nd</sup>	Fri 23 <sup>rd</sup>
Strength & Balance Exercise	Staff Training  SORRY, WE'RE  CLOSED	Music for All	Card making for Lisa	A.M. Knitting  Bingo
Mon 26 <sup>th</sup>	Tues 27 <sup>th</sup>	Wed 28 <sup>th</sup>	Thursday 29 <sup>th</sup>	Fri 1st March
Strength & Balance Exercise	Ready Steady Cook	Question Time with a Panel	Presentation on RISE+	A.M. Knitting
				Bingo

There will be an alternative creative session of Colouring in the afternoon in the Lounge on Tuesday, 6 February and Wednesday, 28 February

We will be starting a new Knitting Project in March

Dominoes, Playing Cards and Colouring is always available. The pool table is also always available for anyone to play. If you would like Air Hockey or Table Tennis please ask.