

RISE-ing to the Challenge



**Rising to the Challenge
Helping find a way
To break the isolation
And brighten someone's day**



**We're there in health and sickness
For trips to A&E
When visiting in hospital
We bring some TLC**



**Rising to the Challenge
Visiting places new
Working with our partners
To help make dreams come true**



**Music is a favourite
We reminisce through song
We like to play percussion
And join the sing-a-long**



**Rising to the Challenge
Work behind the scenes
Prepare a special party
We call it Kings and Queens!**



**Good food is on the menu
There's breakfast, tea and toast
A hearty lunch and pudding too
5 stars we like to boast!**



**Rising to the Challenge
Activities every day
To keep you well and healthy
With RISE we hope you'll stay**



A member of Regenerate-RISE